

Helpful Online Resources—For RCS

For TCKs / MKs

- Tips for MKs in a Season of Grief <https://michelephoenix.com/2011/01/the-lies-mks-believe-everybody-always-leaves/>
- A wide range of helps <http://www.rockyreentry.com/author/ruthie1928/>

For Parents of TCKs / MKs

- Letter to Missionary Parents <https://michelephoenix.com/2014/12/dear-missionary-parents/>
- Ways to Protect Your MKs' Faith <https://michelephoenix.com/2016/01/five-ways-to-protect-your-mks-faith/>
- Five Cs that Explain MKs <https://michelephoenix.com/2015/11/five-cs-that-explain-mks/>
- MKs & Relationships: The Time/Depth Dilemma <https://michelephoenix.com/2014/09/mks-and-relationships/>
- The Gift of Need: MKs and Isolation <https://michelephoenix.com/2015/03/the-gift-of-need-mks-and-isolation/>
- Fragile Foundations: How We Get MK-Identity Wrong identity
- Everybody Always Leaves <https://michelephoenix.com/2011/01/the-lies-mks-believe-everybody-always-leaves/>
- MKs and Belonging <https://michelephoenix.com/2011/02/the-lies-mks-believe-ill-never-belong/>
- “Guiltitude” -The Syndrome <https://michelephoenix.com/2012/05/guiltitude-the-syndrome/>
- Additional articles about TCKs / MKs <https://michelephoenix.com/top-reads/>
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For Adults

- <http://www.rockyreentry.com/how-long-does-reverse-culture-shock-last-time-our-best-friend-worst-enemy/>
- <http://www.rockyreentry.com/gifts-re-entry-gave-me/>
- After some years.... <http://www.rockyreentry.com/for-the-middle-years-of-re-entry/>

For Women

- <https://velvetashes.com/category/re-entry/>

For Friends & Family of Cross-cultural Workers/Missionaries

- <http://www.rockyreentry.com/for-friends-and-family/>
- A RCS poem -- <http://www.rockyreentry.com/re-entry-poem/>